

# Code Psychiatric Mental Health Nurse Practitioner

Under Review | Fall 2023

## Proposal Information

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### Workflow Status

In Progress

**Faculty Senate, Faculty Senate**

Waiting for Approval | Faculty Senate Approval

Rick Holmes

Nancy Middlebrook

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## Proposal Information

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### Sponsoring faculty member ⓘ

Jennifer Schneider

### Faculty email

JSSchneider@salud.unm.edu

### College

College of Nursing

### Department

Nursing

### Campus

Health Sciences Center  
(Albuquerque)

## Effective Term and Year

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### Proposed Effective Term and Year

Fall 2023

## Justification

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### **Concentration Justification**

Healthcare is changing and becoming more volatile, uncertain, complex, and ambiguous. We need advanced professional nurses who know how to negotiate the system. We have an obligation to our stakeholders to ensure that our graduates can meet the needs of the healthcare environment. To address these issues, our accrediting bodies have recommended a transition to the Doctor of Nursing Practice degree. The transition to the doctoral degree is consistent with other health professions such as physical therapy, pharmacy, and occupational therapy. Our community deserves advanced nursing leaders who are well prepared to meet the challenges of modern healthcare, reduce the costs of healthcare, advance health equity, reduce the cost of healthcare, and provide evidence-based care. Consistent with our mission, advanced professional nurses of tomorrow must be doctorally prepared. The University of New Mexico College of Nursing believes that the State of New Mexico deserves high quality healthcare providers who are prepared at the highest level.

The College of Nursing currently has three Psychiatric Mental Health Nurse Practitioner faculty who are able to teach within this concentration. This concentration admits annually with a typical cohort size of 12-15 students each year. Required didactic and clinical core courses (33 credits) will be taught by faculty across the College and are sufficient in number to deliver the curriculum. Concentration specific credits total 36 within the program of studies which are taught by concentration specific faculty. The Psychiatric Mental Health faculty are academically and experientially prepared to teach the required curriculum.

This DNP concentration replaces a master's level concentration and does not impact the College's budget or faculty workload. The faculty currently responsible for teaching the master's concentration are academically and experientially prepared to teach this new doctoral level concentration. The master's level concentration will be sunset and no longer taught.

## **Associated Forms**

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**Select any associated course forms that exist**

NURS 700 - Introduction to Professional Inquiry (3)  
NURS 707 - Formulating Strategies for Systemic Health Inquiry (3)  
NURS 709 - Integrating Innovative Strategies for Systemic Health Change (3)  
NURS 701 - Introduction to Translational Evidence-Informed Care (3)  
NURS 708 - Evidence-Informed Practice and Scholarship (3)  
NURS 710 - Translation of Evidence for Healthcare Practice, Policy, and Evaluation (3)  
NURS 798 - Systems Thinking for Healthcare Transformation III (1)  
NURS 799 - Systems Thinking for Healthcare Transformation IV (2) | **Under Review**  
NURS 711 - Advanced Pathophysiology (3)  
NURS 713 - Advanced Health Assessment (3)  
NURS 712 - Pharmacological Principles of Clinical Therapeutics (3)  
NURS 780 - Foundations in PMHNP Clinical Assessment and Practice (3) | **Under Review**  
NURS 781 - Psychiatric Diagnostic Reasoning (3) | **Under Review**  
NURS 782 - Psychotherapy and Behavior Change (3) | **Under Review**  
NURS 783 - Neurobiology and Psychopharmacology in Psychiatric Disorders (4) | **Under Review**  
NURS 784 - Advanced Practice Seminar on Leadership Development for the PMHNP (1)  
NURS 785 - Complex Management of Adults for the PMHNP (2) | **Under Review**  
NURS 786 - Complex Management of Special Populations for the PMHNP (2) | **Under Review**  
NURS 788 - Advanced Practicum I (4) | **Under Review**  
NURS 789 - Advanced Practicum II (7) | **Under Review**  
NURS 795 - Advanced Nursing Fieldwork (1 - 7)

**Select any associated program forms that exist**

DNP Nurs Prac

## Program Information

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**Degree Name**

DNP Nurs Prac - Doctor of Nursing Practice

**Degree Type**

Doctor of Nursing Practice

**Program Type**

Doctoral

**Program Description**

No Parent Selected

## Degree Hours

59-71

## Minimum Major Hours

## Degree Requirements

Choose one  
concentration

34 - 45

Total Credits

- Complete 1 of the following

### **Clinical Concentration**

- Earn at least 35 credits from the following types of courses:  
Clinical Concentration required courses (see above) and 250 Clinical/Practice hours.

### **Nursing Executive Organizational Leadership Concentration**

- Completed between 34 and 45 credits from the following types of courses:  
Nursing Executive Organizational Leadership Concentration required courses (see above) and 550-700 Clinical/Practice hours.

**Grand Total Credits: 34 - 45**

## Concentration Information

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### **Concentration Title**

Psychiatric Mental Health Nurse Practitioner

### **Program Level**

Graduate

## Concentration Requirements

- Complete all of the following
  - Admitted to a program offered by College of Nursing
  - Complete the following:
    - NURS700 - Introduction to Professional Inquiry (3)
    - NURS707 - Formulating Strategies for Systemic Health Inquiry (3)
    - NURS709 - Integrating Innovative Strategies for Systemic Health Change (3)
    - NURS701 - Introduction to Translational Evidence-Informed Care (3)
    - NURS708 - Evidence-Informed Practice and Scholarship (3)
    - NURS710 - Translation of Evidence for Healthcare Practice, Policy, and Evaluation (3)
    - NURS798 - Systems Thinking for Healthcare Transformation III (1)
    - NURS799 - Systems Thinking for Healthcare Transformation IV (2)
    - NURS711 - Advanced Pathophysiology (3)
    - NURS713 - Advanced Health Assessment (3)
    - NURS712 - Pharmacological Principles of Clinical Therapeutics (3)
    - NURS780 - Foundations in PMHNP Clinical Assessment and Practice (3)
    - NURS781 - Psychiatric Diagnostic Reasoning (3)
    - NURS782 - Psychotherapy and Behavior Change (3)
    - NURS783 - Neurobiology and Psychopharmacology in Psychiatric Disorders (4)
    - NURS784 - Advanced Practice Seminar on Leadership Development for the PMHNP (1)
    - NURS785 - Complex Management of Adults for the PMHNP (2)
    - NURS786 - Complex Management of Special Populations for the PMHNP (2)
    - NURS788 - Advanced Practicum I (4)
    - NURS789 - Advanced Practicum II (7)
  - Earn at least 7 credits from the following:
    - NURS795 - Advanced Nursing Fieldwork (1 - 7)
  - Earn at least 2 credits from the following:
    - NURS796 - Systems Thinking for Healthcare Transformation I (2)
  - Earn at least 1 credits from the following:
    - NURS797 - Systems Thinking for Healthcare Transformation II (1)

**Grand Total Credits: 69**

### **Concentration Description**

The psychiatric mental health nurse practitioner (PMHNP) program at the University of New Mexico College of Nursing prepares graduates to provide holistic mental health care to individuals of all ages in a variety of settings both collaboratively and independently. Students develop expertise in psychiatric assessment, diagnosis, psychotherapy, and psychopharmacology to manage mental health challenges and psychiatric disorders. Graduates become effective quality-driven nurse practitioners and community leaders. They develop solutions for the most important challenges pertaining to mental health, physical health, and health equity in our diverse communities and health care delivery systems here in New Mexico and beyond.

PMHNP Program Goals:

1. Provide full scope psychiatric care to individuals, groups, and families utilizing both independent and collaborative approaches across the lifespan in the management of acute and chronic mental health problems, health promotion, and disease prevention.
2. Integrate ethical principles in decision-making and evaluation of the care across the lifespan, diverse populations, and systems of care.
3. Coordinate health care through interdisciplinary collaboration with members of the health care team.
4. Advocate for systems and policies that promote health equity, facilitate access to care, empower patients from diverse backgrounds, and address cultural diversity and rural populations.
5. Assume professional responsibility for maintaining and advancing clinical practice competencies in psychiatric mental health nursing.
6. Influence the determinants of mental health through leadership, research, education, collaboration, evidence-informed care, and interdisciplinary partnerships.